

Capstone Project 1
Mini-Proposal
Program Plan and Evaluation Instructions

Assignment: To create a mini-proposal consisting of a program plan and evaluation based on information from the following scenario.

Scenario: You work for the Diabetes Association affiliate of your hometown or place you work. The Diabetes Association of [FILL IN YOUR COUNTY and STATE] is seeking a grant for \$20,000 from the Healthy You Foundation that will focus on planning, implementation, and evaluation of an outreach and education program for African American, Hispanic, or other relevant underserved individuals within [FILL IN YOUR COUNTY and STATE] with type 2 diabetes. For your capstone project, the Diabetes Association of [FILL IN YOUR COUNTY and STATE] Executive Director Eileen Hummel is asking you to submit a full program plan with an evaluation component to comply with the request for proposal (RFP). It is your job to create a program plan and evaluation using the templates provided, write a narrative of the program plan based on this information, and present it to Ms. Hummel. Ms. Hummel will be completing the RFP program information form, which asks specific questions about the agency.

The Diabetes Association of [FILL IN YOUR COUNTY and STATE] is a small organization that consists of 4 full-time employees, 3 part-time employees, and 16 volunteers.

DAGC Vision: Prevent and cure diabetes, and to improve the lives of all people affected by diabetes.

DAGC Mission: Offer a social/support network for those affected by diabetes while also providing education and outreach strategies throughout the community on diabetes.

A summary of the grant and agency capabilities are as follows:

- Grant award amount is \$20,000. Ms. Hummel already employs a full-time health educator/nurse, Anne Friar, RN, who would be able to coordinate this program at 4 hours per week. Ms. Hummel has given you permission to put her time into the grant as paid personnel.
- The new program will be a part of the agency, and the individuals working on the program will be housed at the agency.

Other assignment tips:

- For the background section mentioned in the Request for Proposal, use your research assignment data analysis in your proposal (you do not need to do an additional analysis).
- Keep in mind that your article interpretation assignment illustrates a program that incorporates a culturally appropriate intervention.
- In the evaluation of your proposal, the article interpretation assignment is a good illustration of the use of qualitative and quantitative methods.

NOTE: you may choose your hometown county or county in which you work. However, the grant asks for you to justify the geographic location based on the health disparities of the populations, make sure you choose a location with a population that demonstrates health disparities!