***PRAC 6635 Clinical Skills Self-Assessment Form***

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| **Desired Clinical Skills for Students to Achieve** | **Confident** (Can complete independently) | **Mostly confident** (Can complete with supervision) | **Beginning** (Have performed with supervision or need supervision to feel confident) | **New** (Have never performed or does not apply) |
| **Comprehensive psychiatric evaluation skills in:** |  |  |  |  |
| Recognizing clinical signs and symptoms of psychiatric illness  |  |  | **Beginning** |  |
| Differentiating between pathophysiological and psychopathological conditions  |  |  | **Beginning** |  |
| Performing and interpreting a comprehensive and/or interval history and physical examination (including laboratory and diagnostic studies)  |  |  | **Beginning** |  |
| Performing and interpreting a mental status examination  |  |  | **Beginning** |  |
| Performing and interpreting a psychosocial assessment and family psychiatric history  |  |  | **Beginning** |  |
| Performing and interpreting a functional assessment (activities of daily living, occupational, social, leisure, educational). |  |  | **Beginning** |  |
| **Diagnostic reasoning skill in:**  |  |  |  |  |
| Demonstrate knowledge of psychopathology of mental illnesses through discussion for different age groups and mental illnesses |  |  |  | **New** |
| Developing and prioritizing a differential diagnoses list |  |  |  | **New** |
| Formulating diagnoses according to DSM 5-TR based on assessment data  |  |  | **Beginning** |  |
| Differentiating between normal/abnormal age-related physiological and psychological symptoms/changes |  |  | **Beginning** |  |
| **Psychotherapeutic Treatment Planning:**  |  |  |  |  |
| Provide psychoeducation to individuals and/or any caregivers |  |  | **Beginning** |  |
| Promote health and disease prevention techniques |  |  | **Beginning** |  |
| **Self Assessment skill:**  |  |  |  |  |
| Develop SMART goals for practicum experiences  |  |  | **Beginning** |  |
| Evaluating outcomes of practicum goals and modify plan as necessary  |  |  | **Beginning** |  |
| Documenting and reflecting on learning experiences |  |  | **Beginning** |  |
| **Professional skills:**  |  |  |  |  |
| Maintains professional boundaries and therapeutic relationship with clients and staff | **Confident** |  |  |  |
| Collaborate with multi-disciplinary teams to improve clinical practice in mental health settings  |  | **Mostly confident** |  |  |
| Identifies ethical and legal dilemmas with possible resolutions |  | **Mostly confident** |  |  |
| Demonstrates non-judgmental practice approach and empathy | **Confident** |  |  |  |
| Practices within scope of practice | **Confident** |  |  |  |
| **Selecting and implementing appropriate screening instrument(s) and interpreting results:** |  |  |  |  |
| Demonstrates selecting the correct screening instrument appropriate for the clinical situation  |  |  | **Beginning** |  |
| Implements the screening instrument efficiently and effectively with the clients |  |  | **Beginning** |  |
| Interprets results for screening instruments accurately |  |  |  |  |
| Identifies the need to refer to another specialty provider when applicable |  |  | **Beginning** |  |
| Accurately documents recommendations for psychiatric consultations when applicable |  |  | **Beginning** |  |

**Summary of strengths:**

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| My major strengths according to the Clinical Skills Self-Assessment Form are the capacity to maintain professional boundaries during the therapeutic relationship with clients, effective use of empathy, avoidance of implicit biases, and adherence to the scope of practice. Also, I consider the level of confidence that I display when handling ethical dilemmas and collaborating with interdisciplinary teams as the other clinical strengths. |

**Opportunities for growth:**

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| The opportunities for growth from the Clinical Skills Self-Assessment Form are several and highlight the importance of the clinical practicum experience to my professional development. Specifically, I need to use the learning opportunities from the program to acquire the diagnostic reasoning skills for conducting differential diagnoses and knowledge of the psychopathology of mental illnesses. Also, I need to improve my comprehensive psychiatric evaluation competencies for identifying clinical signs and symptoms of psychiatric disorders, and planning psychotherapies such as psychoeducation, health promotion, and disease prevention. Similarly, the clinical experience is an opportunity for me to improve my ability to select and administer screening instruments and interpret their results. As a result, I need to develop specific, measurable, achievable, realistic, and time-bound goals to guide the effective use of the learning opportunities during this clinical practicum experience. |

**Now, write three to four (3–4) possible goals and objectives for this practicum experience. Ensure that they follow the SMART Strategy, as described in the Learning Resources. SPECIFIC, MEASURABLE, ACHIEVABLE, RELEVANT, TIME**

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| 1. **Goal:** To improve my ability to develop and prioritize differential diagnosis lists for ten mental disorders without supervision by the end of the clinical practicum experience.
2. **Objective:** I will study the DSM-V diagnostic criteria for each mental disorder for two hours daily.
3. **Objective:** I will create a concept map for the diagnostic criteria for each mental disorder daily
4. **Objective:** I will complete quizzes on diagnosis lists for each mental disorder at the end of the daily session.
5. **Goal:** Acquire the skills to select and implement screening instruments for ten mental disorders and interpret their results independently by the end of the clinical practice experience.
6. **Objective:** I will study the assigned textbook on screening and diagnosis of mental disorders for two hours daily.
7. **Objective:**  I will select and administer and interpret at least one screening instrument on three assigned patients per week under the supervision of my preceptor.
8. **Objective:** I will use the preceptor’s feedback to improve my screening and interpretation skills during subsequent patient in-take sessions.
9. **Goal:** Achieve the competencies to plan and conduct individual and group psychoeducation sessions for patients and caregivers independently by the end of the clinical practicum experience.
10. **Objective:** I will observe and learn the procedures for planning and conducting individual and group psychoeducation sessions at the clinical site.
11. **Objective:** I will develop and conduct sample psychoeducation sessions under the supervision of the preceptor at the clinical site at least twice weekly.
12. **Objective:** I will use the preceptor’s feedback to plan and conduct actual psychoeducation at the clinical site at least twice weekly.
13. **Goal:** Improve my ability to conduct physical examinations of elderly patients and interpret the results independently by the end of the clinical practicum experience.
14. **Objective:** I will observe and learn the procedures for conducting the physical examinations of elderly patients at the clinical site.
15. **Objective:** I will conduct physical examination of assigned elderly patients under the supervision of the preceptor and submit reports of my interpretation of the findings to my preceptor at the clinical site at least twice weekly.
16. **Objective:** Iwill use the preceptor’s feedback to conduct an actual physical examination of elderly patients at the clinical site independently and use the results to diagnose and recommend treatment at least twice weekly
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**Signature:**

**Date: 11/30/2022**

**Course/Section: Psychpathology Diag Reason Practicum-Winter 2022**